



Services de santé du

TIMISKAMING

Health Unit

Enhancing your health in so many ways.

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Spending Program Funds (Appendix A)

Program funds are provided to help schools administer the Northern Fruit and Vegetable program. These funds can be used to cover the cost of supplies, honorariums for program volunteers, and any costs related to implementation of related educational resources. Here are a few ideas to help spend your implementation funds:

Items for food preparation:

- Apple slicer
- Aprons
- Blender (or other small kitchen appliances)
- Bowls (e.g., stainless steel, glass, plastic)
- Cleaning supplies (e.g., dish washer, dish soap, sponges, hand sanitizer)
- Containers (for serving)
- Colanders
- Cutting boards
- Gloves
- Knives
- Measuring cups and spoons
- Cooking utensils (e.g., mixing spoons, spatulas, tongs, whisk)
- Napkins
- Plastic wrap and bags
- Reusable (preferably) or disposable serving plates, bowls, and utensils



To celebrate your volunteers:

- To support a volunteer appreciation event

Educational resources and aids:

- Books or DVDs with nutrition or physical activity related messages
- Cookbooks
- Photocopying
- Posters
- Gardening resources (e.g., pots, soil, seeds)
- Vegetable and fruit food models
- Nutrition or physical activity games